

Slipstream 2011 Schedule January 28 – 30, 2011 – Camp Wanakita, Haliburton, Ontario

	Friday January 28	Saturday January 29	Sunday January 30
7am		Early Morning	-
8am		Group Activity	
		First Meal Meeting	
:30		BREAKFAST	BREAKFAST
9am		Welcome to the Slipstream	Break
		Adjusting for Exercise	(Gear Up for Outside!)
:30		Break	
		(Gear Up for Outside!)	Morning Acitivity
10am			Diabetium 2011
:30			
.30		Morning Activity Options:	Break
11am		Intro to Cross Country Skiing	Pushing the Limits Debrief
		or	
:30		Intro to Snowshoeing	Slipstream 2011 Wrap Up
12pm			LUNCH
:30		LUNCH	
1pm			Pack Up and Head Out!
00		DANG! That "D" Topic is HOT!	
:30		Hot Topic Discussions	
2pm			
25		Break	
:30		(Gear Up for Outside!)	
3pm		Pushing the Limits:	
		Initiatives and High Ropes	
:30			
4pm		Afternoon Activity Options:	
4piii		Broomball	
:30		Skating on the Lake	
.53		Tobogganing	
5pm		Chill Time/	
	WELCOME to	Free Time	
:30	WANAKITA!!		
		DINNER	
6pm	Cabin Check-in (5-11pm)		
7	Meeting and Mingling	Evening Activity:	
7pm		Night Ski/Night Hike	
8pm	Welcome and Intros:		
Opini	Breaking the Ice		
9pm -	Evening Group Activity	Fireside Hangout	
midnight			