



ONTARIO SLIPSTREAM '22

September 30 - October 2, 2022 | Camp Couchiching, ON

FRIDAY, SEPTEMBER 30

4:00 P.M.	Arrivals + Move-in
	Welcome + Activity Sign Up — Town Hall
4:30 P.M.	Camp Tours (4:30, 5:00, 5:30) — Meet at the Flag Pole
6:00 P.M.	DINNER
7:30 P.M.	Welcome & Ice-breakers (Lead by CIM Staff) — Town Hall Porch
	Wine & Cheese — Town Hall Porch
9:00 P.M.	Camp Fire — Main Camp Fire

SATURDAY, OCTOBER 1

7:00 A.M.	Coffee & Tea on the Dock
	Polar Bear Dip
	Morning Paddle
8:00 A.M.	BREAKFAST
9:00 A.M.	TANDEM: Exercise & Adventure Management Discussion Panel — Dining Hall
	Canoeing — Canoe Docks
	Fall Colours Photo Walk — ACC
	Low Ropes — Town Hall
	Archery — Thompson Archery Range

Ontario Slipstream

10:30 A.M.

Hypo Anxiety Workshop with Savannah Lee — Tow Hall

Cooking in Motion Workshop with Siva Swaminathan — Behind Town Hall

Stand Up Paddleboarding — Sailing

GeoCaching Using GPS — Town Hall

Forrest High Ropes — Town Hall

Axe and Stone Throwing — Thompson Archery Range

12:00 P.M.

LUNCH

1:15 P.M.

GROUP PHOTO

1:30 P.M.

Protecting Your Pearly Whites with Anissa Gamble — Dining Hall

Acceptance of Body and Gadgets with Savannah Lee — Town Hall

Kayaking — Kayak Dock

Rockadventure with Tammy Hand — ACC

Wall Climbing — Climbing Wall

Archery — Thompson Archery Range

3:00 P.M.

Knotty Adventures! with Tammy Hand

How I Learned to Hike with Siva Swaminathan — Town Hall

Canoeing — Canoe Docks

GeoCaching Using GPS — Town Hall

Field High Ropes — Town Hall

Axe & Stone Throwing — Thompson Archery Range

4:30 P.M.

Round Table Hot Topics

Free Time — Self-Led Court Games: Beach Volley Ball + Basketball + Ping Pong

5:45 P.M.

OMNIPOD: 15 Minute Tech Talk — Dining Hall

6:00 P.M.

DINNER

7:15 P.M.

YPSOMED: 15 Minute Tech Talk — Dining Hall

7:30 P.M.	Movie Premiere: 2022 CIM Adventure Trek — Townhall
	Sax Concert with Antoine
8:30 P.M.	EVENING SNACK
9:00 P.M.	Camp Fire — Main Camp Fire

SUNDAY, OCTOBER 2

7:00 A.M.	Morning Coffee & Tea on the Dock
	Polar Bear Dip
	Morning Paddle
8:00 A.M.	BREAKFAST
9:00 A.M.	MEDTRONIC: Ask Me Anything! — Dining Hall
	Stand Up Paddleboarding — Sailing Dock
	Fall Colours Photo Walk — ACC
	Verticle Playground — Town Hall
	Axe & Stone Throwing — Thompson Archery Range
10:30 A.M.	Debrief & Gratitude Circle
12:00 P.M.	LUNCH
1:00 P.M.	Departure — See you next year!

THANK YOU TO OUR BASE CAMP SPONSORS

